

PLAY & LEARN:

What Color am I? book



Most children are learning colors as early as two years of age, even if they aren't yet saying the names for each. Learning colors requires many opportunities to practice this emerging skill in a variety of different settings.

There are three basic stages your child will progress through on his or her way to color mastery:

1. *Matching colors.* Your child first learns to reference the color you are holding and gives you something that is the same color. You can practice this skill by placing a blue plate on the table, and asking him to find the blue fork that “matches” or “is the same.”
2. *Point to the color.* Your child will “show he or she knows” by pointing to the color you request on the page of a book or in a group of different colored objects. She will also learn to hand you the color you request.
3. *Label the color.* The final stage is learning to name the color of an object. Your child will be able to correctly identify the color of an object when asked the question, “What color is this?” He will begin to grasp the different shades of colors, and discuss his favorite colors.

Take time to teach color concepts to your child. This skill set is actually a strong predictor of school success later in life. And life is richer with color-filled language!

Do-It-Yourself Color Twister Game. Gather colored cloths you have at home, such as napkins, bandanas, t-shirts or scarves. Spread them out on the floor. Direct your child to sit on red, crawl to blue, jump on yellow, or clap hands on white. Make the game more challenging by giving your preschooler a two-step direction. For example, you can ask your child to march to green, then run to purple!



We're Going on a Color Hunt! Invite your family to join you for a Color Hunt. Look high and low for items that are a particular color. Don't forget to include the colors in the clothing of your fellow color adventurers.

Color Clean. Make clean-up time another learning opportunity for color concepts. Ask your child to pick up all the toys of one color. Then go on to another color. Start the game by showing your child a toy of one color and saying to him: “let's find all the toys that are this color first.”



Together we will help your child learn and grow. SingPlayLove.com